

# HIV Acutely Unwell Patient Pathway

## Pathways for patients with HIV in Sussex

The inpatient care of people living with HIV is complex and requires input from specialised HIV teams. East Sussex Healthcare Trust (ESHT) does not provide specialist HIV inpatient care for acutely ill patients with HIV-related conditions. This care is coordinated through collaboration with East Sussex Sexual Health, Kent Community Health NHS Foundation Trust (KCHFT), and University Hospitals Sussex NHS Foundation Trust (UHSussex).

However, people living with HIV may still be admitted to ESHT for HIV-related conditions. In such cases, their management is carried out in collaboration with the specialist HIV teams at UHSussex and East Sussex Sexual Health (KCHFT). Depending on bed availability, patients may later be transferred to UHSussex for ongoing care

All inpatients living with HIV with signs and/or symptoms potentially related to HIV must be referred for urgent specialist assessment within 24 hours of admission to ensure the best possible assessment and care is administered to the patient. In the first instance, contact the on-call HIV doctor at UHSussex and inform the East Sussex HIV consultants based within the local KCHFT Sexual Health Service. (see contact details below).

For all known people living with HIV admitted for unrelated conditions **it remains the responsibility of the admitting team to inform the HIV team of admission within 24 hours to obtain an HIV summary, ensure that the patient has the appropriate monitoring and supply of HIV medication to avoid treatment interruption and to ensure that the patient is reviewed by a specialist HIV Pharmacist for potential drug interactions.**

Where an individual has been admitted to ESHT or needs admission from East Sussex Sexual Health it may be appropriate to transfer the patient to the Royal County Sussex Hospital as best meets the need of the patient – this will be reviewed on a case-by-case basis in discussion with the HIV UHSussex Team.

UHSussex provides 24-hour on call advice to local Accident and Emergency (A&E) departments and inpatient wards and have dedicated HIV inpatient beds on L6B, Louisa Martindale Building.

*Relevant documents:*

1. *HIV acute inpatient pathway*
2. *HIV non-acute and elective inpatient pathway*

## Local Service Contact details

### **EASTBOURNE SEXUAL HEALTH CLINIC**

**Clinical Lead:** Dr Kazeem Aderogba: 07711 983 154  
**Clinical Nurse Specialists:** Martin Jones: 07785 388 858 (Wednesdays, Thursday & Fridays)  
**Health Advisor:** Corrine Bloomfield: 01474 649201  
Senior HIV Pharmacist: Venita Hardweir: [venitahardweir@nhs.net](mailto:venitahardweir@nhs.net) (Tuesday - Thursday)

### **HASTINGS SEXUAL HEALTH CLINIC**

**Consultant:** Dr Isabel Okpaluba: 07815 978 811  
**Clinical Nurse Specialists:** Zoe Cuthbertson: 07825 862 325  
**Health Advisor:** Corrine Bloomfield: 01474 649201

**Generic email for both sites:** [kentchft.ahspnurses@nhs.net](mailto:kentchft.ahspnurses@nhs.net)

*This mailbox is checked daily (Monday - Friday, NOT bank holidays) and we will respond as soon as possible. Our core office hours are: Monday – Friday 8am to 4pm. If your query is urgent, please call 0300 013 2050.*

### **UHSussex Brighton**

Registrar / Consultant on call via RSCH – 01273 696955 and ask for the on-call HIV registrar