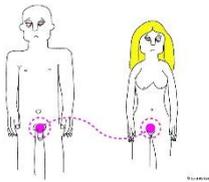


Chlamydia Information for females



Chlamydia is an infection which one person can give to another through unprotected sex



Males and females can get Chlamydia



Unprotected sex is where a condom is not used for vaginal or anal sex



Some people who have Chlamydia do not show any signs



Some people with Chlamydia have pain in their tummy below the tummy button
or
pain when having a wee or having sex
or
bleeding after sex or in-between periods



To find out if you have Chlamydia, you need to take a swab from your vagina. A cotton wool bud is used to swab the area. This doesn't hurt. A nurse can help you do this.

1. Make sure that you have filled in the form, you can ask for help to do this
2. Get into a comfortable position, as if you were going to insert a tampon
3. Take out the cotton wool bud from the container
4. Softly push the cotton wool bud a little way inside of your vagina
5. Turn the swab round inside for a few seconds
6. Carefully take out the cotton wool bud making sure it doesn't touch anything
7. Put the cotton wool bud back into the container and put the lid on tightly
8. Give the completed test back to the nurse



If the test finds Chlamydia you will need a medication called antibiotics.



It is important that we know who else you have had sex with.

They may need our help as well



Using condoms every time you have sex can stop you getting Chlamydia

Using condoms will help stop lots of other infections you can get during sex

Easy read leaflet s <https://www.easyhealth.org.uk/>